

Ananda Associazione
Via Montecchio, 61
06020 Nocera Umbra (PG)
Tel. 0742.813620; Fax 0742.813536
info@ananda.it

Karma Yoga Program

The Karma Yoga Program includes daily participation in group spiritual practices and at morning lessons. It also includes periods of *karma yoga*, a cooperative contribution to the organizational activities of community life - for about two hours a day. The program begins on Sunday afternoon, for a minimum of five days.

APPLICATION FORM AND QUESTIONNAIRE

Full Name:

Age:

Sex: M F

Nationality:

Address:

Postal Code:

City/Prov/State:

Country:

Home Telephone:

cell:

E-mail address:

Occupation:

Academic/professional qualifications:

- 1) For which period do you wish to apply?
From: _____ To: _____

2) What accommodation do you prefer?

3) Which programs have you attended at Ananda Assisi? Please, write here below the courses and the approximate dates when you took them.

4) Which courses have you attended at other Ananda centers or meditation groups? Please give course, place and approximate date.

5) Do you currently practice meditation at home? How often?

6) Do you know the techniques of Paramhansa Yogananda? Which ones are you currently practicing?

7) Did you receive any initiation? Which ones?

8) Why do you wish to participate in this program?

- 9) Are there any issues related to your physical or mental/emotional health that would possibly have an impact on your ability to participate in this program? Please specify what they are.

- 10) Please list any medications that you are currently taking.

- 11) Do you have any physical or psychological condition we should know about, so that we can help you have a good experience during this program (For ex. difficulties in walking, special dietary requirements etc.)

I declare that what I wrote is true to the best of my knowledge

Signature: _____

INFORMATION ACCORDING TO LAW 196/2003, ART. 13

According to Article 13 of Law 196/2003, we are required to inform you that:

1. Some of the information which we have requested falls into the category of “sensitive data”, which includes information regarding: ethnic and racial origins; religious or philosophical beliefs; political opinions; affiliation to political parties, trade unions or religious, philosophical , political or trade-union organizations; personal data concerning health and sexual life.
 2. This sensitive data will be used in accordance with the governmental guidelines (Autorizzazione generale del Garante n. 2/2004), for the purposes of participation in the social activities organized by Ananda Association, in accordance with its by-laws.
 3. This data will be processed by hand and by computer.
 4. This data will not be communicated to other parties, nor published.
 5. We inform you that you are not obliged to give such information, but that refusing to do so could involve partial or total completion of the contract.
 6. The entity requesting this information is: Ananda Associazione, Via Montecchio n. 61 – 06025 Nocera Umbra (PG)
 7. You can exercise your legal rights against the Association at any time, according to article 7 of Law 196/2003.
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Formula for acquisition of consensus for the treatment of sensitive data

Place _____ **Date** _____
Surname _____ **Name** _____

Having read the information provided by the Association according to article 13 of law 196/2003, and being aware in particular that some of the information requested is regarded as “sensitive” data in Article 4, paragraph 1(d), and Article 26 of Law 196/2003, i.e. *“information regarding: ethnic and racial*

origins; religious or philosophical beliefs; political opinions; affiliation to political parties, trade unions or religious,

philosophical , political or trade-union organizations; personal data concerning health and sexual life,” I give my

consent to use the data that are necessary for carrying the operations above indicated.

(legible) signature _____

Please send this application form signed in every part via email at info@ananda.it or by post to: Ananda Assisi, Via Montecchio 61, 06025 Nocera Umbra (PG). For more information: tony@ananda.it; + 39. 0742-813620.